

The Haven Project



1 Glen Avenue,
Lexden,
Colchester, CO3 3RP
Tel: 01206 287316
www.thehavenproject.org.uk

The Haven



**Families and
Carers Group**

Forthcoming dates:

2 pm - 3.30 pm

Fourth Wednesday of each month

2012

25th January

22nd February

28th March

25th April

23rd May

27th June

25th July

22nd August

26th September

24th October

28th November

No group in December

A group for Family members and Carers is held monthly at The Haven. This is a friendly and informal group and, if you are a family member, carer or supporter of someone at The Haven, you are very welcome to come along. We will let you know, in advance, what the topic is for the month.