

The Haven Project



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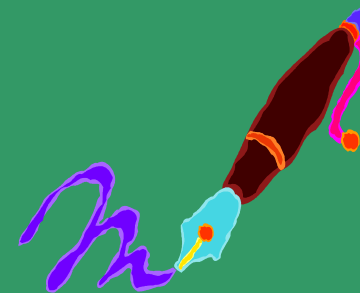
The Haven



Creative Writing
Group

We have set up a writing group open to all registered with The Haven.

**This is held on the 1st Wednesday of the month
2 pm to 3.30 pm
and the 3rd Friday of the month
1.30 pm to 3 pm**



The aims of this group are:

- **To encourage people to explore different ways of coping**
- **To encourage creativity**
- **To teach/learn new skills**
- **Confidence building**
- **To have fun and establish other peoples' expectations of the group**