

The Haven Project



**1 Glen Avenue,
Lexden,
Colchester,
Essex C03 3RP**

Tel. 01206 287316

www.thehavenproject.org.uk

The Haven



**Alcohol and Drug
Support Group**

Meeting Dates

The second Wednesday
of the month:
From 2 pm to 4 pm

10th August
14th September
12th October
9th November
14th December

This group is
facilitated by
Sue Sandeman, who has
a wealth of experience
in supporting people with
addictions.

The group covers all
aspects of substance
Misuse and all Haven
clients are welcome