

The Haven Project



1 Glen Avenue
Lexden
Colchester
CO3 3RP
Tel: 01206 287316
Website:
www.thehavenproject.org.uk

The Haven Tuesday afternoon



Friendship Group



**If you would like to pop-in,
anytime from 1 pm to 4 pm on
Tuesday afternoons for as long
or short a time as you like, we
will be open.**

**We also hold an internet café at
this time. If you would like to
surf the internet then please
book a time slot in the office.**

**No experience is required,
someone is on hand to help if
you need it.**



Meet friends

Have a cuppa

Support

Chill-out

Quizzes and games

Pampering and

occasional haircutting

Internet Café

Summer BBQ's